



SPRING 2010

Faculty and Staff Memberships

You can work and work-out all in one place - the Bloomsburg University Campus! The Student Recreation Center (SRC) has membership plans and programming designed specifically for Faculty and Staff. Come work out, learn a new skill, bring your family and enjoy all the facilities and services we have to offer.

Welcome to the Rec!

Bloomsburg University's Student Recreation Center is committed to providing excellent services. We want your recreation activities to be convenient, fun and stress free! Rent a locker, check out a basketball, enjoy a quick game of racquetball, join an aerobics class, or just stop by for a visit.



FACILITIES:

Fitness Room - The 6,000 square foot cardiovascular area contains a variety of equipment to meet your exercise needs. Equipment includes: Precor elliptical, treadmills, stair climbers, AMT's, True upright and recumbent bikes, Arc Trainers, rowers, and a complete Cybex Eagle strength training circuit.

Weight Room - The 6,000 square foot free weight area contains several Hoist RocIT plate-loaded series, Body Master's benches, squat racks, a multi-station cable cross, a dead lift area, and a complete set of dumb bells up to 120 pounds.

Multi-Purpose Room - With a specially designed floating wood floor, this room is used for aerobics classes, martial arts, club and intramural meetings, wellness classes, dance and floor exercise. The SRC offers a full schedule of aerobic/group exercise classes throughout the week.

Main Arena - The main arena is composed of four (5) 84' x 50' basketball courts. These courts can be utilized for indoor tennis and volleyball. A 1/8 mile jogging track circles the basketball courts. A fifth court is located in an adjacent gymnasium

Racquetball Courts - The SRC features four glass backed racquetball courts that are also adaptable for wallyball.

Jogging track - a one-eighth mile jogging track surrounds four of the multi-use courts.

Climbing wall - a 39' Entre-Prises imprint climbing wall and freeform boulder area is located just off the lobby.

Spring 2010

		<u>Faculty/Staff</u>	<u>Alumni</u>
_____	Full Membership -	\$70.00	\$90.00
_____	Morning Membership	6 am - 10 am \$40.00	\$50.00
_____	Lunchtime Membership	10 am - 2 pm \$40.00	\$50.00

Spouse and dependents of Alumni are NOT eligible for memberships.

Make checks payable to "BU-SRC" Community Activities, KUB 428

NAME: _____ ISO# _____
(REQUIRED)

CAMPUS PHONE _____ CAMPUS/HOME ADDRESS: _____

_____ FACULTY _____ STAFF _____ RETIRED _____ ALUMNI

Spouse or dependent: (must be 16 yrs or older) Faculty/Staff member must join full membership first for spouse/dependent to join.—an ID card will be issued by the card center after membership is purchased.

NAME:: _____ ISO#: _____

NAME:: _____ ISO#: _____

