

ABOUT THE CLINICS

HITTING

Dates: Jan. 13, Feb. 3, 16 2007

Session One: Hitting Clinic

This session features lectures, drills and small group instruction. Each clinic addresses lower and upper body hitting mechanics with a special emphasis on the path of the hands, opposite field hitting, increasing bat speed and power as well as situational hitting.

Time: 9:00 a.m. to noon.

Location: Nelson Field House, Bloomsburg University.

Cost: \$40 per session. The balance is due the first day of the clinic. Make Checks Payable to: **BUF/Baseball and mail to:**

BUF/Baseball
Nelson Field House
Bloomsburg University
400 East Second St.
Bloomsburg, Pa. 17815-1301

What to Bring: A glove. Catchers must bring full gear. Balls will be provided.

PITCHING

Dates: Jan. 13, Feb. 3, 16 2007

Session Two: Pitcher/Catcher Clinic

Pitchers will learn a series of flat ground drills that serve as the foundation of the Bloomsburg pitching program. These drills are used to improve balance and direction as well as developing a consistent, mechanically sound delivery. Catchers will learn proper receiving, block and throwing techniques. They will learn drills and practice routines designed to soften their hands, quicken their feet and improve their throwing.

Time: 1:00 to 3:30 p.m.

Location: Nelson Field House,
Bloomsburg University

Cost: \$40 per session.
Make Checks Payable to: **BUF/Baseball and mail to:**

BUF/Baseball
Nelson Field House
Bloomsburg University
400 East Second St.
Bloomsburg, Pa. 17815-13011



ABOUT THE STAFF

MIKE COLLINS

Mike Collins is entering his third season as the Huskies head baseball coach. A former Division I player, Collins previously served as head coach at Keystone College, compiling a 90-75 overall mark for the junior college in La Plume, Pa. His 2001 team won a school-record 18 consecutive games en route to a 28-12 record and runner-up finish in Region 19. In 2000 and 2001, Collins-coached teams earned pre-season national rankings, and he produced 11 all-region and two All-America players during his tenure at Keystone. Collins played Division I baseball at St. Joseph's University in Philadelphia before graduating with a bachelor of arts degree in politics in 1996. He was a two-time team captain and four-year letterwinner.

VINNIE JAMES

Vinnie James enters his second season as an assistant for the Huskies. James is responsible for coaching catchers as well as coordinating off-campus recruiting. A 2007 graduate of Bloomsburg, James enjoyed a stellar career as a player. He finished with a .348 career batting average along with 10 home runs and 94 RBI.

BRIAN ALBERTSON

Brian Albertson enters his third season as the pitching coach for the Huskies. Prior to joining the staff at Bloomsburg, Albertson spent the 12 years coaching as an assistant at Danville HS and Danville American Legion.

REGISTRATION FORM

Name _____

Address _____

Telephone _____

Email Address _____

DOB _____

Year in School _____

Position _____

Insurance Company _____

Policy Number _____

I approve my son's attendance at the Bloomsburg University Winter Baseball Clinic and certify he is in good health. If medical attention is required for injury, I hereby grant permission for such care to be rendered. Furthermore, I do hereby recognize and understand that the university and the coach(es) are not responsible for any injury of any kind which may occur on the way to, during or on the way home from the clinic.

Authorization for emergency service

A) I do hereby voluntarily consent to examination and emergency service treatment of such drugs. Infusion and transfusion of blood or blood components deemed necessary in the judgement of a physician(s) (and whomever may be delegated as assistants) of the medical staff at the Bloomsburg Hospital. B) I certify that I have read and fully understand the consent given herein. I also certify that no guarantee or assurance has been made as to the results that may be obtained. The undersigned intends to be legally bound hereby.

Parent/Guardian Signature _____

Date _____

Relationship _____

CLINIC DATE

Jan. 13th, Feb. 3, 16th (\$40 per session)
(lunch is not provided)

Please check date(s) and session(s)

Jan. 13th: Session 1 _____ Session 2 _____

Feb. 3rd: Session 1 _____ Session 2 _____

Feb. 16th: Session 1 _____ Session 2 _____

**For information contact BU head
coach Mike Collins at:**

(570) 389-4375

or

mcollin2@bloomu.edu



Bloomsburg University is committed to Affirmative Action and Equal Opportunity. Minorities, women and other protected class members are urged to pursue educational and employment opportunities at Bloomsburg University.

HUSKIES BASEBALL DEVELOPMENTAL CLINICS

at Bloomsburg University



2007 WINTER CLINIC
AGES 8-18

**SUNDAY, JANUARY 13TH,
SUNDAY, FEBRUARY 3TH AND
SATURDAY, FEBRUARY 16TH, 2007.**

**BLOOMSBURG UNIVERSITY'S
NELSON FIELD HOUSE**

Learn and practice the fundamentals while being instructed by members of the Bloomsburg University Baseball team and coaching staff.