

MEDIA GUIDE

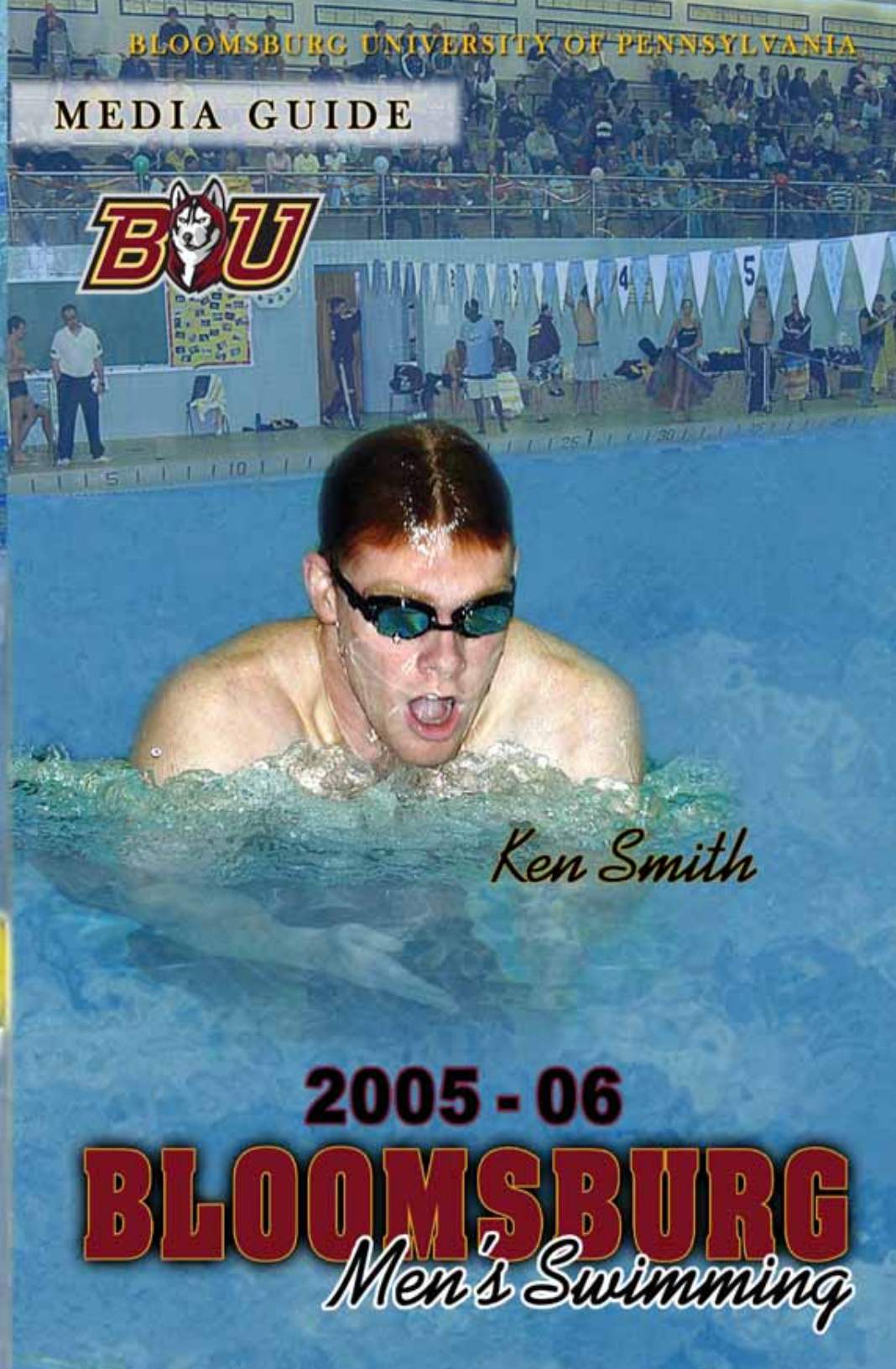


Women's Swimming
BLOOMSBURG
2005-06

BLOOMSBURG UNIVERSITY OF PENNSYLVANIA

BLOOMSBURG UNIVERSITY OF PENNSYLVANIA

MEDIA GUIDE



Ken Smith

2005 - 06
BLOOMSBURG
Men's Swimming

2005-06 Women's Swimming Schedule

Oct.	22	at Clarion Invitational	10 a.m.
	29	at Mansfield	11 a.m.
Nov.	12	ITHACA	1 p.m.
	18	ALBRIGHT	6 p.m.
	19	COLLEGE OF NEW JERSEY	1 p.m.
Dec.	2-4	at Franklin & Marshall Invitational	10 a.m.
Jan.	4	at Port Orange Invitational	12 p.m.
	20	SHIPPENSBURG	5 p.m.
	21	KUTZTOWN	6 p.m.
	28	EAST STROUDSBURG	1 p.m.
Feb.	4	WEST CHESTER	1 p.m.
	15-18	at PSAC Championships	All Day
Mar	15-18	at NCAA Championships	All Day

Home meets in **BOLD CAPS**

2005-06 Roster

Name	Class	Hometown	High School
Barb Caccia	Fr.	Laurel Springs, NJ	Sterling High
Erin Carey	Sr.	West Chester	Henderson
Courtney Dean	Jr.	Lancaster	Hempfield
Morgan Farley	Fr.	Brookville	Brookville Area
Kristin Harrison	Sr.	Chalfont	Central Bucks West
Claudine Gallagher	So.	Danville	Danville
Lisa Gifford	Fr.	Warminster	William Tennent
Jackie Gribbin	So.	Richboro	Council Rock North
Jessica Gribbin	So.	Richboro	Council Rock North
Sara Hippeli	Fr.	Quakertown	Quakertown
Laura Jeffers	Jr.	Collegeville	Perkiomen Valley
Heather Kern	Fr.	Warminster	William Tennent
Ashley Koch	Sr.	Collegeville	West Chester East
Ashley Kroh	So.	Boyertown	Boyertown
Sara Lengler	Jr.	Harrisburg	Central Dauphin East
Kari Pokrzywa	Sr.	Fairless Hills	Pennsbury
Natasha Puskavich	Fr.	Belle Vernon	Belle Vernon Area
Lindsay Muchorski	Fr.	Bensalem	Nazareth Academy
Kristen Ohlsen	Fr.	Allentown	Parkland
Allison Reed	Fr.	Selingsgrove	Selingsgrove Area
Kristina Slabonik	So.	Boyertown	Boyertown
Dianna Smith	So.	West Grove	Avon Grove
Lauren Sterkenberg	Jr.	Lancaster	Hempfield
Elizabeth Tesoro	Fr.	Doylestown	Central Bucks West
Ashley Yelinek	Jr.	Youngwood	Southmoreland

Head Coach Dave Rider



Dave Rider is entering his 20th season as head coach. He has posted a record of 126-70-1 with schedules that have included some of the nation's top teams. Rider has coached 53 different swimmers to 97 All-American honors

and multiple relay teams to PSAC championships. The Huskies took fourth at last season's PSAC Championships with 454 points.

Rider received his bachelor's degree in Near East archaeology from the University of Chicago in 1968. He was a

member of the school's varsity swimming and water polo teams. His physical education certification was awarded in 1973 at Slippery Rock and his Master of Science degree in sports sciences from Indiana (PA).

He is certified by the Red Cross in standard swimming and first aid.

Rider holds memberships in the American Swimming Coaches Association and the College Swimming Coaches' Association and is a past president of the Pennsylvania High School Swimming Coaches Association.

Rider is also a member of the Bloomsburg University faculty.

Season Preview

After a promising 2004-05 season, in which the team was fourth at the PSAC Championships, the women's swim team hopes they can improve even further in the 2005-06 campaign.

For the Huskies to improve on last season, head coach Dave Rider feels they must focus on the key elements that made them successful last season. "I think the keys to success will be the same as last year, which was the enthusiasm for hard work the girls brought to practice. Our success was a function of how they approached practice. If that continues this year, we'll get better," said Rider.

The Huskies have a number of talented and hard working swimmers who can help to make this season an even better one.

In the sprint freestyle events junior Courtney Dean and sophomore Dianna Smith are both coming off excellent seasons and are expected to make a big contribution this year as well. Last season Smith finished fourth in the conference in the 100 free and was just one second shy of qualifying for nationals, while Dean scored points in the 200 free at the PSAC championships. Senior Erin Carey will also be a key member in freestyle as well as individual medley events. Last season, she placed at the PSAC championships in the 400 IM and the 200 IM.

Perhaps the team's strongest swimmers come from the distance freestyle events. Junior Ashley Yelinek was just a half second from qualifying for nationals last season in the 1650 freestyle. She finished in the top five in a number of events at the PSAC championships, including the 1650, 500, and 1000 free. Sophomore Ashley Kroh is also expected to contribute in the distance events. Last season, Kroh placed at the PSAC championships, despite battling injuries most of the season.

The Huskies are also very strong in the backstroke events. The team will return experienced backstrokers in senior Ashley Koch and senior co-captain Kari Pokrzywa. Koch placed in the 200 backstroke last year, while Pokrzywa placed in both the 200 and 100 backstroke.

In addition to the returning swimmers, the Huskies have a number of talented freshmen as well. Allison Reed has excellent times in the sprint events, while Sara Hippeli and Barb Caccia are expected to contribute in distance events.

As for the team's goals for the season, coach Rider feels it is simply to get better. "I don't have too much control over what the other teams do. Our goal is to swim better and see what happens at the end."

If that happens the Huskies should find themselves near the top of the conference once again.

Swimmer Profiles



Erin Carey
Senior, West Chester (Henderson)

Will swim freestyle and medley events for the Huskies. Finished first in the 100-and 200-breaststroke versus the College of New Jersey. Finished eighth in 400-IM and 200-IM at the PSAC championships. A 2004-05 Bloomsburg/PSAC scholar athlete.

Kristin Harrison
Senior, Chalfont (Central Bucks West)



Will swim freestyle and butterfly events. Finished first in the 1000-free versus Mansfield and second in the 1000-free versus IUP. She is also the co-captain for the Huskies and should provide leadership for the underclassmen. A 2004-05 Bloomsburg/PSAC scholar athlete



Ashley Koch
Senior, Collegeville (West Chester East)

One of Bloomsburg's top backstroke swimmers. Scored points in the PSAC championships in the 200-backstroke (13th). Also finished second in the 200-backstroke versus the College of New Jersey and Mansfield. A 2004-05 Bloomsburg/PSAC Scholar Athlete.

Kari Pokrzywa
Senior, Fairless Hills (Pennsbury)



One of the Huskies top backstroke swimmers. Took ninth in the 100-backstroke and fourth in the 200-backstroke at last season's PSAC Championships. She is a 2005-06 co-captain and a Bloomsburg/PSAC 2004-05 Scholar Athlete.



Courtney Dean
Junior, Lancaster (Hempfield)

One of Bloomsburg's of top freestlye swimmers. Took fourth in the 400-free relay at the PSAC championships. Also scored points in the 200-free at the PSAC's. She is also a two-time scholar athlete.

Lauren Sterkenberg
Junior, Lancaster (Hempfield)



Will swim butterfly and freestyle for the Huskies. Finished 12th in the 200-butterfly at the PSAC championships. Also finished first in the 200-yard butterfly versus Mansfield.

Swimmer Profiles



Ashley Yelinek
Junior, Youngwood (Southmoreland)

One of Bloomsburg's top freestyle swimmers. Placed for the Huskies at the PSAC championships in the 1650-free (3rd), 500 free-(4th), 1000-free(4th). Also took first in 1650-free and 500-free at the Franklin & Marshall Invitational. Was a Bloomsburg/PSAC 2004-2005 scholar athlete.

Laura Jeffers
Junior, Collegeville (Perkiomen Valley)



Will contribute in the back stroke and in individual medley for the Huskies. Placed well at the Franklin & Marshall Invitational and scored in the PSAC Championship.



Sara Lengler
Junior, Harrisburg(Central Dauphin East)

One of Bloomsburg's most versatile swimmers. Finished 14th in 200 backstroke and 15th in the 100-backstroke at the PSAC championships. Also finished first in the 200-IM and 200-breaststroke versus Kutztown last year.

Dianna Smith
Sophomore, West Grove (Avon Grove)



Had an excellent freshman year. Placed at the PSAC championships in the 100-free (4th), 200-free (6th), and in the 50-free (12th). Also finished first in the 200-free and 500-free at the Franklin and Marshall Invitational.



Ashley Kroh
Sophomore, Boyertown (Boyertown)

Had an excellent freshman year. Finished 6th for the Huskies in the 500-free, fourth in the 1650-free, and fifth in the 1000-free at the PSAC championships.

Kristina Slabonik
Sophomore, Boyertown (Boyertown)



Will contribute in butterfly events for Bloomsburg. Finished third in the 200-yard fly versus West Chester last season. Showed excellent improvement last year as the season progressed.

Swimmer Profiles



Claudine Gallagher
Sophomore, Danville (Danville)

Will swim freestyle events for the Huskies. She is also a member of the U.S. Army Reserves.

Jackie Gribbin
Sophomore, Richboro (Council Rock North)



Will swim sprint freestyle events for the Huskies. Part of both relay teams that came in fourth in the 400-free and the 200-free at the PSAC championships last season.



Jessica Gribbin
Sophomore, Richboro (Council Rock North)

Will swim freestyle events for Bloomsburg. Finished third in the 1000-freestyle versus Mansfield and second in the 1000-free versus IUP.

Allison Reed
Freshman, Selingsgrove (Selingsgrove Area)



Will swim sprint events for the Huskies and should contribute right away. Was a state qualifier in high school for the 50-free.



Kristen Ohlsen
Freshman, Allentown (Parkland)

Will swim freestyle events for the Huskies. Was an All-American in the 200-free relay in high school.

Natasha Puskavich
Freshman, Belle Vernon (Belle Vernon)



Will swim freestyle events for the Huskies.

Swimmer Profiles



Lindsay Muchorski

Freshman, Bensalem (Nazareth Academy)

Will swim distance and individual medley for the the Huskies.

Morgan Farley

Freshman, Brookville (Brookville Area)

Will compete in freestyle events for the Huskies.



Sara Hippeli

Freshman, Quakertown (Quakertown)

Will look to swim freestyle and backstroke events.



Barb Caccia

Freshman, Laurel Springs, NJ (Sterling High)

Will swim distance freestyle events for the Huskies.



Heather Kern

Freshman, Warminster (William Tennent)

Will swim butterfly events for the Huskies



Lisa Gifford

Freshman, Warminster (William Tennent)

Will swim freestyle events for the Huskies.

*No
Photo
Available*

Elizabeth Tesoro

Freshman, Doylestown (Central Bucks West)

Will swim freestyle events for the Huskies.



2004-05 Top Performances

Event	Time	Opponent	Swimmer(s)
50-Free	24.77	PSAC Championships	Dianna Smith
100-Free	53.56	PSAC Championships	Dianna Smith
200-Free	1:55.42	PSAC Championships	Dianna Smith
500-Free	5:10.66	PSAC Championships	Ashley Yelinek
1000-Free	10:31.66	PSAC Championships	Ashley Yelinek
1650-Free	17:35.65	PSAC Championships	Ashley Yelinek
100-Back	1:01.13	PSAC Championships	Kari Pokrzywa
200-Back	2:08.44	PSAC Championships	Kari Pokrzywa
100-Breast	1:11.01	Franklin & Marshall Inv.	Erin Carey
200-Breast	2:32.50	PSAC Championships	Sara Lengler
100-Fly	1:01.81	Franklin & Marshall Inv.	Lauren Sterkenberg
200-Fly	2:16.38	PSAC Championships	Lauren Sterkenberg
200-Individual Med	2:13.00	PSAC Championships	Erin Carey
400-Individual Med	4:45.22	PSAC Championships	Erin Carey
200-Free Relay	1:39.96	PSAC Championships	Dean, Carey Gribbin, Smith
400-FreeRelay	3:36.99	PSAC Championships	Dean, Gribbin Varley, Smith
800-Free Relay	7:54.66	PSAC Championships	Dean, Gribbin Yelinek, Smith
200- Medley Relay	1:52.85	PSAC Championships	Jeffers, Carey Lengler, Smith
400-Medley Relay	4:07.08	PSAC Championships	Lengler, Carey Sterkenberg, Varley

All-Americans

1977	Tina O'Hara	Sue Young	1988	Debb Legg Beth Roeder	1993	Stephanie Humphries Val Brindza Patty Kim	
1979	Sue Brophy Ann Fadner Joanne Kitt Vickie Orme Linda Smith	1983	Sue Boyer Sue McIntosh Colleen Grimm Gwen Cressman Kelly Knaus Kelly Reimert	1989	Tracy Price Kim Youndt Heidi Kohlhaas Debb Legg	1994	Stephanie Humphries Heather Towne Lani Curran
1980	Sue Brophy Joanne Kitt Vickie Orme Linda Smith Leah Stratton	1984	Gwen Cressman	1990	Val Brindza Megan Gillen Kimm Miller Tracy Price	1995	Stephanie Humphries Heather A. Jones Heather Towne Lani Curran Patty Kim
1981	Sue Boyer Sue Brophy Tina Klamut Kelly Reimert Cathy Sheridan Linda Smith	1985	Gwen Cressman Dana Grubb Paulette Fahringer	1991	Val Brindza Megan Gillen Kimm Miller Kim Nelson	1998	Erin Snook Amy Krier
1982	Sue Boyer Gwen Cressman Tina Klamut Angie Kramer Kelly Reimert Cathy Sheridan Sue Snedden	1986	Kelly Knaus Joan Wojtowicz	1992	Tracy Price Val Brindza Kelley Tracey Shannon Simonet Jen Blake	1999	Janine DiSalvatore Nicole Zienkewicz Kathleen O'Dell Amy Krier Brittany Sneberger Brianne Clapp Wendy Walbert
		1987	Beth Roeder Kim Youndt Carol Gurniak Karen Pfisterer	1993	Tracy Price Val Brindza Kelley Tracey Shannon Simonet	2001	Janine DiSalvatore Ashley Jones Brittany Sneberger Lindsay Wallace
				1994	Tracy Price Val Brindza Kelley Tracey Shannon Simonet	2002	Janine DiSalvatore Ashley Jones Brittany Sneberger Lindsay Wallace

The Record Book / 2004-05 Results

Event	Name	Year	Time
50-free	Val Brindza	1990	24.63
100-free	Ashley Jones	2002	52.95
200-free	Joan Wojtowicz	1986	1:51.96
500-free	Joan Wojtowicz	1986	4:53.81
1,000-free	Joan Wojtowicz	1986	10:14.99
1,650-free	Joan Wojtowicz	1986	16:51.26
100-back	Heather A. Jones	1995	59:18
200-back	Heather A. Jones	1997	2:07.58
100-back	Erin Snook	1998	1:06.16
200-breast	Erin Snook	1998	2:20.93
100-butterfly	Stephanie Humphries	1995	57.24
200-butterfly	Beth Roeder	1988	2:04.40
200-individual medley	Gwen Cressman	1985	2:08.56
400-individual medley	Erin Snook	1998	4:33.94
200-medley relay	Jones, Towne	1996	1:49.29
	Walbert, Curran		
400-medley relay	Youndt, Wasson	1990	4:00.13
	Price, Tracey		
200-freestyle relay	Sneberger, Krier	1999	1:38.33
	Walbert, Clapp		
400-freestyle relay	DiSalvatore, Wallace	2001	3:31.93
	Sneberger, Jones		
800-freestyle relay	DiSalvatore, Wallace	2001	7:40.22
	Sneberger, Jones		
1-meter diving	Kimm Miller	1992	373.90
3-meter diving	Kimm Miller	1992	439.20

Over the Years

Year	Record	Year	Record	Year	Record	Year	Record
1974-75	3-4	1982-83	9-1	1990-91	6-1	1997-98	9-3
1975-76	5-6	1983-84	9-1	1991-92	7-5	1998-99	9-3
1976-77	6-4	1984-85	7-1	1992-93	6-5-1	1999-00	9-4
1977-78	6-3	1985-86	8-2	1993-94	6-5	2000-01	8-4
1978-79	10-0	1986-87	6-4	1994-95	4-5	2001-02	7-3
1979-80	7-2	1987-88	8-3	1995-96	6-4	2002-03	3-5
1980-81	7-3	1988-89	7-4	1996-97	6-4	2003-04	7-1
1981-82	9-1	1989-90	7-4			2004-05	6-3

2004-05 Results (6-3)

Oct.	23	at Clarion Invitational	2nd
	30	at Mansfield.....	W, 138-98
Nov.	13	at Ithaca.....	W, 120-80
	19	at Albright	W, 111-94
	20	COLLEGE OF NEW JERSEY	W, 147-107
Dec.	3-5	at Franklin & Marshall Invitational	1st
Jan.	5	at Port Orange Invitational	NO TEAM SCORING
	14	at Shippensburg.....	W, 117-88
	15	at East Stroudsburg.....	L, 141-121
	19	KUTZTOWN	W, 129-76
	29	WEST CHESTER.....	L, 116.5-85.5
Feb.	5	INDIANA (PA)	L, 120-83
	16-17	at PSAC Championships	4th

Administration/Staff



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Media Information

For media credentials, photos, stories, statistics or to arrange an interview with a coach or student-athlete, contact Tom McGuire, Director of Sports Information. All members of the media are welcome to visit the Huskies' home sporting events. If members of the media are interested in covering a Bloomsburg University game, please contact the Office of Sports Information for assistance. This media guide was written by graduate assistant John Scarinci and edited by Tom McGuire. Cover designed by graduate assistant, Lauren Ferrett.

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About Bloomsburg

Bloomsburg University, a member of Pennsylvania's State System of Higher Education, is a four-year coeducational public university founded in 1839. Through the stages of its development from a normal school to a teachers college to a multipurpose state college and finally to a university in 1983, the institution has retained its emphasis on liberal arts and career education.

Bloomsburg is recognized as one of the best 100 public universities in the United States, and excellence, ranging from its 12 NCAA championships to its international reputation in a number of its academic programs, is an attitude found throughout the faculty and staff.

About 90 percent of Bloomsburg's students come from throughout Pennsylvania, creating a diverse mix of cultures and ideas. It's a place where friendships that last a lifetime begin. And it's a busy place — with more than 160 student organizations and activities, NCAA Division II athletic programs and a popular recreation center.

The university's Division of Continuing and Distance Education serves students through nondegree credit courses, noncredit minicourses, off-campus classes, credit for life experience and distance learning courses on public television. The Town of Bloomsburg, located in the Susquehanna River Valley, has a population of about 12,000 people. The central business district is just three blocks southwest of campus, and includes more than 80 retail stores, restaurants, and the Bloomsburg Fair in September. More stores, restaurants and theaters can be found along nearby Route 11 and at the Columbia Mall, northwest of town.

The university is within a one-hour drive from such cities as Hazleton, Williamsport, Wilkes-Barre and Scranton; 1.5 hours from Harrisburg; 2.5 hours from Philadelphia; three hours from New York City and Baltimore; and four hours from Pittsburgh and Washington, DC.

A Few Facts About Bloomsburg

Enrollment— Total enrollment is over 8,040, with an average incoming SAT of 1070 and class rank in the upper 25 percent; Bloomsburg admits one in seven applicants and has a four-year retention rate significantly higher than the national average. About 60 percent are women and 10 percent are non-traditional. About 90 percent of Bloomsburg graduates are quickly placed in their chosen fields.

Faculty— With approximately 1,000 employees, Bloomsburg University has 383 full-time faculty, 70 percent of whom hold doctoral degrees and 72 percent of whom are tenured. The staff is organized into four divisions: Academic Affairs, Administration, Student Life and University Advancement. Governance is through the State System of Higher Education's Board of Governors and through the university's Council of Trustees.

Degrees— Bloomsburg University offers 63 baccalaureate degrees, 18 master's degrees and a joint doctoral degree in elementary education in cooperation with Indiana University of Pennsylvania.

Financial Aid— About 70 percent of all students receive some form of financial aid; average amount of aid is \$10,026 per year.

Cost—About \$5,700 per semester for Pennsylvania residents (tuition, fees, typical room and meal plans, \$10,026 for non-residents).

School Colors, Mascot— The school colors, originally "lemon and garnet," have been maroon and gold since the 1920s. In the early 1930s, the Husky became the school mascot when a dog owned by a faculty member accompanied Adm. Richard E. Byrd on an expedition to the South Pole.

The Record Book

Event	Name	Year	Time
50-free	Stu Marvin	1978	21.20
100-free	Stu Marvin	1978	46.20
200-free	Stu Marvin	1978	1:41.90
500-free	Jeremy Kipp	1996	4:40.98
1,000-free	Jeff Jones	1992	9:52.52
1,650-free	Jeff Jones	1993	16:32.34
100-back	Brandon Hilt	2001	52.65
200-back	Jeff Jones	1993	1:55.48
100-breast	Jason Davis	2002	58.20
200-breast	Jason Davis	2001	2:09.74
100-fly	Matt Rajotte	1996	52.24
200-fly	Wayne Richards	1979	1:55.00
200-individual medley	Jason Davis	2001	1:58.50
400-individual medley	Clarence Hirst	1993	4:17.00
200-medley relay	Brandon Hilt, Jason Davis Andrew Rider, Steve Fisher	2001	1:36.57
400-medley relay	Brandon Hilt, Jason Davis Tom DiSalvatore, John May	2002	3:32.13
200-free relay	Steve Fisher, Brandon Hilt Dave Robinson, Andrew Rider	2001	1:25.95
400-free relay	Keith Torok, Wayne Richards Steve Price, Stu Marvin	1978	3:10.20
800-free relay	Andrew Rider, Jason Davis Robert Struble, Dave Robinson	2001	7:05.32

The PSAC






Eastern Division

Bloomsburg

Cheyney

East Stroudsburg

Kutztown

Mansfield

Millersville

West Chester



Western Division

California

Clarion

Edinboro

Indiana

Lock Haven

Shippensburg

Slippery Rock






2004-05 Top Performances / Results

Event	Time	Opponent	Swimmer(s)
50-Free	21.32	PSAC Championships	Travis Backenstoe
100-Free	47.16	Franklin & Marhsall Inv.	Chris Rumfelt
200-Free	1:42.51	PSAC Championships	Chris Rumfelt
500-Free	4:42.55	PSAC Championships	Chris Rumfelt
1000-Free	9:56.03	PSAC Championships	Chris Rumfelt
1650-Free	17:18.93	PSAC Championships	Ken Smith
50-Back	27.05	College of New Jersey	Mark Freeman
100-Back	56.72	College of New Jersey	Nicholas Prima
200-Back	2:04.50	PSAC Championships	Mark Freeman
100-Breast	1:01.00	Franklin & Marhsall Inv.	Nicholas Prima
200-Breast	2:18.03	Ithaca	Nicholas Prima
100-Butterfly	52.91	Franklin & Marshall Inv.	Nicholas Prima
200-Butterfly	2:08.15	College of New Jersey	Chris Rumfelt
200-Individual Medley	2:01.57	Albright	Nicholas Prima
400-Individual Medley	4:30.76	PSAC Championships	Ken Smith
200-Medley Relay	1:40.00	PSAC Championships	Freeman, Palmer Rumfelt, Backenstoe
400-Medley Relay	3:45.93	Franklin & Marshall Inv.	Freeman, Palmer Prima, Backenstoe
200-Free Relay	1:27.47	Franklin & Marshall Inv.	Backensote, Wagner Rumfelt, Prima
400-Free Relay	3:11.84	Franklin & Marshall Inv.	Rumfelt, Post Prima, Backenstoe
800-Free Relay	7:07.67	PSAC Championships	Rumfelt, Smith Backenstoe, Post

2004-05 Results (2-6)

Oct.	23	at Clarion Invitational.....	3rd
Nov.	2	LYCOMING	W, 117-87
	13	at Ithaca	L, 126-79
	19	at Albright	L, 119-83
	20	COLLEGE OF NEW JERSEY	L, 146-105
Dec.	3-5	at Franklin & Marshall Invitational	4th
Jan.	5	at Port Orange Invitational.....	NO TEAM SCORING
	14	SHIPPENSBURG	L, 109-90
	19	KUTZTOWN	W, 106-95
	29	WEST CHESTER	L, 125-77
Feb.	5	at Indiana (PA)	L, 125-72
	16-17	at PSAC Championships.....	6th

Swimmer Profiles / Over The Years

Josh Chandler
Freshman, Mount Joy (Donegal)



Primarily a backstroker but will also be used in a variety of events. Qualified for the PIAA championships in high school last year in the 100-back and 200-IM.

Steve Ghazi
Freshman, Bethlehem (Saucon Valley)



Will provide depth in the freestyle events. He is a hard worker who should make significant improvement during the season.

Andy Van Buskirk
Freshman, Bellefonte (Bellefonte)



Will help the Huskies in the middle distance freestyle events. Should make significant improvements throughout his freshman season and will be a valuable asset to the team.

Over the Years

Record	Year	Record	Year	Record	Year	Record	Year
1959-60	0-6	1970-71	10-5	1982-83	7-5	1994-95	3-5
1960-61	0-6	1971-72	10-4	1983-84	8-3	1995-96	6-7
1961-62	1-7	1972-73	10-3	1984-85	4-8	1996-97	5-5
1962-63	3-5	1973-74	9-5	1985-86	4-6	1997-98	4-7
1963-64	2-6	1974-75	8-6	1986-87	2-7	1998-99	1-8-1
1964-65	2-6	1975-76	5-8	1987-88	4-6	1999-2000	4-6
1965-66	8-4	1976-77	4-7	1988-89	4-4	2000-01	4-6
1966-67	6-5-1	1977-78	7-5	1989-90	3-6	2001-02	6-3
1967-68	9-2	1978-79	5-8	1990-91	3-5	2002-03	1-4-1
1968-69	9-2-1	1979-80	5-7	1991-92	0-9	2003-04	2-4
1969-70	10-3	1980-81	3-9	1992-93	2-6-1	2004-05	2-6
		1981-82	6-5	1993-94	3-6		

All-Time Coaches' Records

Years	Coach	Record
1959-60	Don Heilman	0-6
1960-61	Bob Zeigler	0-6
1961-69; 1970-85	Eli McLaughlin	141-125-2
1969-70	Cecil Turberville	10-3
1985-86	Mary Gardner	4-6
1986-92	Dave Rider	16-37
1992-2002	Roch King	38-59-2
2002-03	Ned Hampford	1-4-1
2003-present	R.J. Wojtylak	4-10

Swimmer Profiles



Steve Withers

Freshman, Doylestown (Central Bucks)

Will make an immediate contribution in the middle distance and distance events. Should also compete for a place on the 400-and 800-free relays.

Matt Lindsay

Freshman, Montoursville (Montoursville)

Will provide depth in the backstroke and butterfly events. Took a year off between high school and college and is now looking to regain his high school form.



Mike Williams

Freshman, Huntingdon Valley (Lower Moreland)

A sprint flyer who should really add depth to the team in both freestyle and butterfly events. He is also a contender for a place in both the 200-and 400-medley relays.



Jason Chrisanthon

Freshman, Springfield (Springfield)

Chrisanthon comes in as a sprint freestyler and breaststroker. Qualified for the PIAA championships in high school in the 100-breast.



Jim Toolan

Sophomore, Norristown (LaSalle)

After primarily playing only water polo in his high school career Toolan had a breakout season in the distance freestyle events. He will be expected to continue his development as a distance freestyler and should add depth in many events.



Nicholas Prima

Senior, Glencoe, Trinidad (Monroe C.C)

Will swim breaststroke and individual medley events for the Huskies. He had the team's fastest times in 100-and 200-breast, 100-back, 100-fly, and 200-IM.



Swimmer Profiles



Stephen Post

Senior, Scranton (Scranton)

Will be one of the captains for the Huskies. One of the team's top middle distance swimmers. Was a member of the All Conference 800-free relay team as well as scoring in the 500-free.

Rich Seier

Senior Bethlehem (Northampton)

One of the hardest workers on the team. He adds depth to the sprint freestyle events as well as holding the top GPA on the team.



Ken Smith

Senior, Philadelphia (Archbishop Ryan)

Was the Huskies most improved swimmer last year after qualifying for the PSAC championships where he scored in the 400-IM and 1650-free. He was also a member of the All-Conference 800-free relay team.



Chris Rumfelt

Junior, Shamokin (Shamokin)

Was named the team's MVP a year ago. Scored points at the PSAC championships in the 200-, 500-, and 1000-free and was a member of the all conference 800-free relay. Narrowly missed making nationals the last two years and will be expected to continue his strong improvements.



Thomas O'Malley

Junior, Reading (Interboro)

Swims distance freestyle and has made tremendous improvements over his first two seasons. He is an extremely hard worker who should add depth to the distance events.



Mark Freeman

Junior, Bethlehem (Freedom)

Freeman is the Huskies top returning backstroker. Qualified for the PSAC championships for the first time last year and scored in the 200-back, while also being a valuable member of the 200-free, 200-medley and 400-medley relays.



Swimmer Profiles



Travis Backenstoe
Senior, Walnutport (Northampton)

One of the Huskies top sprinters. Last year, he scored points at the conference meet in the 50- and 100-free, as well as being a member of the All-Conference 800-free relay. Was also the anchor for the 200-free, 400-free, 200-medley, and 400-medley relays.

Bret Palmer
Senior, Marysville (Susquenita)

Returns after redshirting last year to concentrate on academics. Will be a key contributor in sprint events and relays.



Travis Wagner
Junior, Mechanicsburg (Mechanicsburg)

Will be expected to make improvements and provide depth in the freestyle and fly sprint events. Will compete for places on the sprint relays.

Eric Weathers
Senior, Eagleville (Methacton)

Qualified for the conference championships last year for the first time and was a member of the 400-free relay and will be expected to compete for a place in the 400- and 800- relays this year.



Tom Jungjohann
Senior, Wyomissing

Will add depth in the breaststroke and IM events. Will be expected to work very hard and make significant improvements during the season.

Head Coach R.J. Wojtylak



R.J. Wojtylak begins his third season as head coach of the men's swim team and director of aquatics. Wojtylak came to Bloomsburg after spending two years as an assistant swim coach at Westminster College.

A 2000 graduate of Wheeling Jesuit

University, Wojtylak was a four-year member of the swim team. He served as captain his senior year and led the Titans to a conference championship.

Wojtylak was previously an assistant swim coach at Findlay High School in Ohio, and a graduate assistant at the University of Findlay, working in enrollment services. He earned his MBA from Findlay in 2003.

Season Preview

The 2005-06 season promises to be an exciting one for the men's swim team. After losing only one senior to graduation, the Huskies will have an experienced squad that should improve on last season's record.

"We definitely feel we can have a winning record this year and move up towards the top of the conference," says head coach R.J. Wojtylak.

The Huskies have several talented and experienced swimmers who can help them achieve this goal. Wojtylak believes the team is strongest in the freestyle events.

This due in part to the performance of senior Travis Backenstoe. Backenstoe has finished in the top six at the PSAC championships the last two years. He also scored points in the 100 free and is the anchor of the 200 free, 400 free, 200 medley, and 400 medley relays.

In the middle distance freestyle events, the Huskies are led by senior Stephen Post and junior Chris Rumpf. Last season, Rumpf was the team's most valuable swimmer. Rumpf scored points in the 200-, 500-, and 1000-free events at the PSAC's and was a member of the All-Conference 800-free relay last season. Post in addition to being one of the captains, was a member of the All-Conference 800 free relay last season as

well and also scored points in the 500 free at the conference championships.

In distance freestyle, the Huskies expect contributions from senior Ken Smith. Smith was the team's most improved swimmer last season. He went from missing the conference championships his sophomore year to scoring in the top 10 in the 1650-free last season.

The Huskies also return junior Mark Freeman who is the team's top backstroke. Freeman qualified for the PSAC championships last year and scored in the 200-back and was also a member of the 200-free and 200-and 400-medley relays.

The Huskies also have a number of freshmen who should make an impact right away. Jason Chrisanthos will contribute in breaststroke, while Josh Chandler should add depth in backstroke events. Both were state qualifiers in high school. Other newcomers include Andy Van Buskirk, Steve Withers, Steve Ghazi, Mike Williams and Matt Lindsay.

"Our goals are to score more points at the conference championship and possibly have a member of the team qualify for nationals," said coach Wojtylak.

With a number of seniors and some talented freshmen, the Huskies are confident they can meet these goals.

2005-06 Men's Swimming Schedule

Oct.	22	at Clarion Invitational	10 a.m.
	27	at Lycoming	7 p.m.
	28	at Westminster Relay Invitational	6 p.m.
Nov.	12	ITHACA	1 p.m.
	18	ALBRIGHT	6 p.m.
	19	COLLEGE OF NEW JERSEY	1 p.m.
Dec.	2-4	at Franklin & Marshall Invitational	10 a.m.
Jan.	4	at Port Orange Invitational	10 a.m.
	20	SHIPPENSBURG	5 p.m.
	21	at Kutztown	1 p.m.
Feb.	4	at West Chester	1 p.m.
	15-18	at PSAC Championships	All Day
Mar.	15-18	at NCAA Championships	All Day

Home meets in **BOLD CAPS**

2005-06 Roster

Name	Class	Hometown	High School
Travis Backenstoe	Sr.	Walnutport	Northampton
Josh Chandler	Fr.	Mount Joy	Donegall
Jason Chrisanthon	Fr.	Springfield	Springfield
Mark Freeman	Jr.	Bethlehem	Perkiomen Valley
Steve Ghazi	Fr.	Bethlehem	Saucon Valley
Tom Jungjohann	Sr.	Wyomissing	Wyomissing Area
Matt Lindsay	Fr.	Montoursville	Montoursville
Thomas O'Malley	Jr.	Reading	Interboro
Bret Palmer	Sr.	Marysville	Susquenita
Stephen Post	Sr.	Scranton	Scranton
Nicholas Prima	Sr.	Glencoe, Trinidad	Monroe C.C.
Chris Rumpfelt	Jr.	Shamokin	Shamokin
Rich Seier	Sr.	Bethlehem	Northampton
Ken Smith	Sr.	Philadelphia	Archbishop Ryan
Jim Toolan	So.	Norristown	La Salle
Andy Van Buskirk	Fr.	Bellefonte	Bellefonte
Travis Wagner	Sr.	Mechanicsburg	Mechanicsburg
Eric Weathers	Sr.	Eagleville	Methacton
Mike Williams	Fr.	Huntingdon Valley	Lower Moreland
Steve Withers	Fr.	Doylestown	Central Bucks