

To: Bloomsburg University student athletes and their parents/guardians
From: Allen M. Larsen Jr., MS, ATC; Head Athletic Trainer
Subject: Medical Insurance/Athletic Participation
Date: May 7, 2009

Greetings from the Bloomsburg University Athletic Training Staff. We hope that you have had a safe and enjoyable summer, and that you are healthy and ready to return to Bloomsburg University. We are looking forward to another great year of Bloomsburg Athletics.

To assist you with completing pre-participation requirements here is some information which you need to know. Each athlete is required to be seen for a physical examination prior to participation. Please make sure that you are aware of the date and time of your physical. Your coaches should be in contact with you to let you know when this will occur. All physicals will be conducted in the Nelson Field House on the upper campus of Bloomsburg University. Be sure to arrive promptly at the assigned time for your team.

You must have a completed physical by **OUR STAFF** to participate; outside physicals are not accepted at this time. As a freshman, transfer, or new student to BU, you will be required to complete a full physical with our staff and physicians. Returning student athletes will complete updated medical histories and physicals will be conducted according to medical history.

Before you are cleared for athletic participation, you must have the following:

1. A completed physical(given by BU)
2. **Complete and accurate Insurance Information: you must bring your insurance card or a copy – Front and Back!**
3. A completed Medical Consent, Release, and Shared Responsibility Information form.
If under 18, must be signed by a parent or guardian

Forms may be Dropped off or sent to:
Allen M. Larsen Jr., MS, ATC
BU Athletic Training – 128 Nelson Field House
Bloomsburg University
Bloomsburg, PA 17815
(570)389-4369

Please feel free to contact us with any questions or for additional information, visit our website at:
www.bloomu.edu/sports/sportsmedicine/ Downloadable forms are available for insurance.

IF YOU DO NOT HAVE SUFFICIENT TIME TO RETURN FORMS BY MAIL, YOU MUST BRING THEM TO YOUR PHYSICAL WITH YOU. YOU WILL NOT BE ALLOWED TO PARTICIPATE WITHOUT YOUR COMPLETED PAPERWORK, PHYSICAL, AND INSURANCE INFORMATION!

A student accident and sickness insurance plan is offered through Bloomsburg University that covers intercollegiate sports. If you are in need of medical insurance coverage, or if you presently have a company with a high deductible, you may want to examine the plan offered by Consolidated Health Plans. This plan is underwritten by Guarantee Trust life Insurance company, Glenview, Illinois. The student plan for the **2008-2009 school year(this past year) was \$945.00, and the price is subject to change each academic year.** Each student should receive information for the student insurance plan from University Health. For each collegiate sports injury or sickness under this plan, the first \$2,500 of expenses will be covered at 100% co-insurance. For more information check www.consolidatedhealthplan.com or call 1-800-633-7867. The Athletic Insurance would go into effect after the \$2,500 has been met with this plan, leaving the student-athlete with full coverage.

This plan may also be an excellent option for student-athletes from out-of-state. Many out-of-state insurance plans do not work in the state of Pennsylvania or will not cover much expense. This causes delays in delivering the required care to your son/daughter in the event of an injury or sickness.

Important Notice for those who purchase Consolidated Health Insurance and will begin pre-season prior to August 9th

Please note that any individual who does not have their own insurance and will be purchasing the schools policy through Consolidated Health Plans. If you will be returning for preseason prior to August 9th you will need to find an alternate insurance, either temporary or permanent, since the policy that may be purchased through Consolidated Health does not take effect until August 9th. If a student is a returning student and has had Consolidated Health insurance for the entire previous school year, then their coverage will continue up until the new policy takes effect on August 9th. Freshman/Transfer students, or any individual who is new to Bloomsburg University athletics, who have not had Consolidated Health as the insurance provider in the past will not have coverage with Consolidated Health until August 9th. If any athlete is in this situation and does not provide another type of insurance to cover until Consolidated Health insurance begins, then they will not be allowed to participate until such time that the Consolidated Health Insurance begins on August 9th.