



BLOOMSBURG UNIVERSITY TRACK & FIELD
MARDON & GOLD INVITATIONAL - APRIL 24, 2010
MEET SCHEDULE

SATURDAY, APRIL 24, 2010

TRACK EVENTS

3:00PM	3K Steeple (W)
3:15PM	3K Steeple (M)
3:30PM	4X100m (W)
3:40PM	4X100m (M)
3:50PM	1500m (W)
4:10PM	1500m (M)
4:30PM	100H (W)
4:45PM	110H (M)
5:00PM	400m (W)
5:20PM	400m (M)
5:40PM	100m (W)
5:55PM	100m (M)
6:10PM	800m (W)
6:25PM	800m (M)
6:40PM	400mH (W)
6:55PM	400mH (M)
7:10PM	200m (W)
7:25PM	200m (M)
7:40PM	3000m (W)
7:55PM	3000m (M)
8:10PM	4x400m (W)
8:20PM	4x400m (M)
8:30PM	5000m (W)
9:00PM	5000m (M)

FIELD EVENTS

12:00PM	Hammer (M)
	Women to Follow
1:00PM	Javelin (W)
	Men to Follow
2:00PM	Long Jump (W)
	Men to Follow
	Discus (M)
	Pole Vault (M)
	Women to Follow
	Shot Put (W)
4:00PM	Triple Jump (W)
	High Jump (M)
	Shot Put (M)
	Discus (W)
6:00PM	High Jump (W)
	Triple Jump (M)

Entry Fees

\$15 per individual (maximum \$200 per men's team and \$200 per women's team). Please make checks payable: *Bloomsburg Track & Field* and deliver the day of meet.

Info

1. Register online by Wednesday, April 21st, at 5:00pm at www.directathletics.com
2. Entries will be posted on Thursday, April 22nd on the Track & Field page of the Bloomsburg Athletics website.
3. Absolutely NO additions the day of the meet
4. No team scoring - open to invited collegiate teams, clubs and unattached athletes.
5. Running events will be from slowest to fastest.
6. WEIGH-INS: Saturday 10:30 - 12:00
7. Javelin will be thrown off a grass runway
8. Concession stand will be open during the meet