Office of the Dean of Students



Alcohol Webquest Worksheet

To complete this webquest, follow the directions and links below. Send completed worksheet to <u>deanofstudents@bloomu.edu</u> or it can be dropped off in the Office of the Dean of Students located in the Student Services Center, 150. Make sure your answers are thorough and detailed. If we feel your answers are not sufficient, you will be required to add more detail!

View this video created by the Bloomsburg University Alcohol and Other Drug Prevention and Intervention (AOD) Office: <u>http://vimeo.com/47615866</u>

Based on the information shared during the video answer these questions:

- When do most college students' violations related to alcohol occur?
- Complete the statement: [] in [] college students have a sexually transmitted disease.
- According to the AOD office statistics what percentage of BU college students do <u>not</u> drink?
- If you choose to drink, how can you drink safely and responsibly? (list three)
- The students recommend that you do not lose your focus. Describe in at least 5-12 sentences what your focus is:
- List three tips (other than how to drink safely and responsibly) the students share in the video.

Using this website: <u>AOD office</u> answer the following questions:

- List six programs or workshops the AOD office offers:
- List four treatment centers listed on the site:
- Describe what the Husky PAWs are:
- What are the Husky PAWs objectives:

Using the link below, which will take you to an Alcohol Impairment Chart, answer the following questions:

https://www.lcb.pa.gov/Education/Resources/Documents/000340.pdf

- According to the chart, what would be your BAC is you had four drinks within an hour?
- How many drinks can your body get rid of in an hour?
- Fill in the correct numbers:

One____oz. 80 proof liquor = one drink

One____oz. beer = one drink

One____oz. wine = one drink

Using this link: http://www.collegedrinkingprevention.gov/StatsSummaries/snapshot.aspx

- Select one of the statistic statements (select the statement that is the most related or alarming to you) then copy and paste the statement here:
- Describe why you selected the statement?
- What about the statement is relative to the Bloomsburg Student culture?
- What can we learn from this statement and apply to our campus?

*remember - the more detailed your responses are the better! You will be asked to resubmit your webquest if your answers are not sufficient.

Using the following link:

http://www.collegedrinkingprevention.gov/CollegeStudents/interactiveBody.aspx

List each organ and three ways it can be affected by alcohol.

- Brain
- Heart
- Liver
- Pancreas
- Stomach
- Kidneys
- Lungs

Using the following link:

http://www.collegedrinkingprevention.gov/CollegeStudents/calculator/alcoholcalc.aspx

- Think about the last time you drank alcohol (more than one drink). Use the calculator on this webpage, fill in your numbers, then copy and paste your chart here:

Using the following link:

http://www.collegedrinkingprevention.gov/CollegeStudents/calculator/calculator.aspx

- How much money could you personally save on average per month if you chose not to drink?

Using the entire University website, list 10 things to do or get involved with through the University:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.