

WHAT YOU SHOULD KNOW ABOUT THE CENTER FOR COUNSELING AND HUMAN DEVELOPMENT

LOCATION:	240 Student Services Center; www.bloomu.edu/counseling
HOURS OF SERVICE:	Monday through Thursday: 10 am – 6 pm; Friday: 8 am – 4:30 pm; except when the university is closed. Evening hours by appointment.
EMERGENCIES:	During regular hours, call the Center at 389-4255 and state that you have an emergency situation. After hours, weekends, and when the university is closed, call TAPLINE at 1-800-222-9016.
HOW TO MAKE AN APPOINTMENT:	Call the Center at 389-4255 or come in person to schedule an appointment. You may request a specific counselor. However, counseling is provided based on counselor availability and will be scheduled as soon as possible.
ELIGIBILITY FOR SERVICES:	Full services are free to students who have paid the Health & Wellness fee. Emergency services are available to all students.
SERVICES AVAILABLE:	Crisis Intervention Group Counseling Individual Counseling Consultations and Outreach
WHAT TO EXPECT:	<p>Participation is voluntary. Appointments are generally scheduled as needed and last about an hour. During your initial appointment, the counselor will make recommendations about providing assistance. Usually a student is scheduled for no more than 8 sessions per semester; however, an extension of services may be granted.</p> <p>The Center faculty are not physicians and cannot prescribe, provide, or monitor any medications. However, through a collaborative relationship between the Center and the Student Health Center, medications and counseling services may be provided and coordinated. These services are conditional and require that the student adhere to the terms of agreement for these jointly provided services. Otherwise, clients may be encouraged to consult with their family physician, or a referral to an outside provider may be made. Costs incurred for any services not provided by the Center are the student's responsibility.</p> <p>While the process of counseling may be challenging at times, it can also lead to a very positive outcome.</p>

**CENTER FOR COUNSELING AND HUMAN DEVELOPMENT
BLOOMSBURG UNIVERSITY, Bloomsburg, PA 17815
570-389-4255; www.bloomu.edu/counseling**

STUDENT RIGHTS & RESPONSIBILITIES: You have the right to a confidential relationship with your counselor. Information revealed to you in counseling will not be revealed without your written permission. Exceptions are: child abuse or neglect, elder adult physical abuse, you or another person is in imminent danger of bodily harm, injury or death, and court subpoena.

You have the right to request another counselor and a referral can be provided for you.

You have the right to terminate counseling at any time.

You and your time are important. You have a right to expect the counselor to be on time and, when necessary, to reschedule your appointment as far in advance as possible.

You are responsible for taking any advice role in the counseling process. Be ready to speak honestly about what is important to you and make actions plans for improvements based on professional evaluation and recommendations you receive.

Punctual attendance shows that you care about helping yourself. When a conflict arises and you must reschedule an appointment, please call the receptionist at the Center and give as much advance notice as possible. It is your responsibility to reschedule any missed appointments.

Since the scheduling of an appointment involve the reservation of time specifically for you, a minimum of 24-hours notice is required for rescheduling or cancellation of an appointment.

EMAIL: Electronic mail (email) is not a confidential form of communication. Email transmission cannot be guaranteed to be secured or error-free, as information could be intercepted, corrupted, lost, destroyed, arrive late or incomplete, or contain viruses. In order to ensure confidentiality and protect your privacy, clinical services cannot be provided through email. Clinical services include counseling, psychotherapy, testing, consultation, and group therapy. Scheduling, confirming, and canceling appointments are also included. Please contact the Counseling Center by telephone or in person regarding clinical services, clinical questions, and appointments.

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