IF YOU ARE EXPERIENCING A LIFE-THREATENING EMERGENCY PLEASE CALL 9-1-1

Bloomsburg University
Tapline Local Crisis (24/7): 1-800-222-9016
Columbia, Montour, Snyder Union Services (CMSU): https://www.cmsu.org/mentalhealth.htm
BU Police Department: 570-389-2211
Bloomsburg Student Counseling Center (M-F 9a-5p): 570-389-4255

Lock Haven University
Clinton County Crisis Line: 570-748-2262
Mental Health Peer Led Support Group (Lock Haven Hospital): 570-753-3821
LHU Campus Police: (570) 484-2278
Lock Haven Student Counseling Services (M-F 8a-4p): 570-484-2479

Mansfield University
Tioga County Crisis Line: 1-877-724-7142
Mansfield Campus Police: 570-662-4900
Mansfield Counseling Center (M-F 8:15a-4:30p): 570-662-4436

** Be sure to check out your university’s student counseling center website for current group counseling opportunities and other supports and services **

National & State-Wide Crisis Resources
National Suicide Prevention Hotline: 1-800-273-TALK
Crisis Text Line: Text GO to 741-741
Emergency Essential Community Services: 2-1-1 or
visit https://www.pa211.org/get-help/mental-health/talklines-warmlines/

** Take out your phone and add these numbers to your contacts. You never know when you or someone you know may need them! **