

Core Values Personal Development Workshop

As an institution of higher learning and a community of persons with a special purpose, Bloomsburg University accepts its obligation to provide its members with an atmosphere which protects and promotes its educational mission and that guarantees its orderly and effective operation. To accomplish these goals, the University must require certain standards of conduct, both on and off campus, which are then expressed through the Student Code of Conduct and Judicial Process. In addition, Bloomsburg University students aspire to, follow and promote integrity, community, social justice, respect, and responsibility.

Directions:

- 1. For this online/passive workshop, please read each core value and follow the directions in each section. Each question's answers should be <u>at least three paragraphs</u>; answers that are not sufficient will be returned for a rewrite/resubmission.
- 2. All submissions must be typed!
- 3. Email completed workshop to <u>deanofstudents@bloomu.edu</u> or you can print the workshop and submit the document to the Office of the Dean of Students, Student Services Center, 150.

Integrity- Huskies exemplify honesty, honor, and respect for the truth in all of their actions.

Select ONE question to answer:

- Reflect on your life experiences and select one experience in which you <u>did not</u> exemplify integrity.
 In paragraph/essay form answer the following questions about the experience: in detail describe the experience; what did you or what can you learn from the experience; how can you exemplify integrity in your life now (provide examples); conclude with an experience in which you <u>did</u> exemplify integrity.
- 2. Select an individual that you feel exemplifies integrity. This individual can be a family member, a historical figure, or a well-known public figure. In paragraph/essay form answer the following questions about the individual: why did you select the individual; how do they exemplify integrity; how can you apply the individual's positive attributes to your life/experiences. (De detailed in your response!)

Community- Huskies build and enhance their community; understand and appreciate how decisions and actions affect others and are just and equitable in the treatment of all members of the community.

Watch this TED talk: https://www.ted.com/talks/dave_meslin_the_antidote_to_apathy/transcript Answer the following questions about the TED Talk:

- 1. What is the talk about/what is the main theme?
- 2. Define apathy.

- 3. Do you agree with the speaker? Explain why you agree or disagree.
- 4. Relate the talk to your own life, what can you do better or more to enhance your community?

Social Justice- Huskies respect the dignity of every person and act to discourage and challenge those whose actions may be harmful to or diminish the worth of others.

Do some research online and in your own words define social justice. Then select a current event applicable to social justice, describe the event, what is the issue related to social justice, discuss your thoughts/opinions of the event/situation, what would you do to help the individuals in the event you chose. What can you do in your every-day life to ensure that you respect the dignity of every person and act to discourage and challenge those whose actions may be harmful to or diminish the worth of others.

Respect- Huskies show positive regard for each other and for the community. **Responsibility**- Huskies accept responsibility for learning, personal behavior, and future success, and appropriately challenge others to do the same. Huskies use good judgement, are trustworthy, and take personal responsibility for actions.

Head to the TED Talks Webpage: https://www.ted.com/talks. Follow the following prompt and answer the following question:

1. Consider this an opportunity to personalize your learning experience. You are to search for a video from the TED Talk collection that relates to the Respect/Responsibility core value. In paragraph/essay format, describe and explain the topic and content of the video. Explain why you chose this particular video and explain how it applies to the Respect/Responsibility core value. Give examples of how and why this is related to you and being a student at Bloomsburg University. (This is not an easy task, take your time, do some reflection, write down ideas, take notes, then formulate what you want to write.)