

EXERCISE SCIENCE MAJOR REQUIREMENTS (60 credits)

Exercise Science Core (45 credits)

	Cr	Sem	Grade	<u>Courses taken with no GEPs earned[^]</u>	Cr	Sem	Grade
BIOLOGY 173 Anatomy & Physiology I	4	_____	_____	_____	_____	_____	_____
BIOLOGY 174 Anatomy & Physiology II	4	_____	_____	_____	_____	_____	_____
EXERSCI 161 Introduction to Exercise Science	3	_____	_____	_____	_____	_____	_____
EXERSCI 255 Functional Anatomy	3	_____	_____	_____	_____	_____	_____
EXERSCI 294 Resistance Training Techniques	3	_____	_____	_____	_____	_____	_____
EXERSCI 295 Tests & Assessments in Exercise Science	3	_____	_____	_____	_____	_____	_____
EXERSCI 306 Psychology of Sport and Exercise	3	_____	_____	_____	_____	_____	_____
EXERSCI 351 Biomechanics	3	_____	_____	_____	_____	_____	_____
EXERSCI 360 Sport Nutrition	3	_____	_____	_____	_____	_____	_____
EXERSCI 378 Exercise Physiology I	4	_____	_____	_____	_____	_____	_____
EXERSCI 380 Research Methods in Exercise Science	3	_____	_____	_____	_____	_____	_____
EXERSCI 414 Exercise Prescription & Programming for Special Populations	3	_____	_____	_____	_____	_____	_____
EXERSCI 477 Exercise Prescription & Programming	3	_____	_____	_____	_____	_____	_____
EXERSCI 478 Exercise Physiology II	3	_____	_____	_____	_____	_____	_____

Internship (6 - 12 credits)

EXERSCI 498 Internship in Exercise Science	_____	_____	_____	_____	_____	_____	_____
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Exercise Science Electives (9 credits)

Select **THREE** of the following electives, **TWO** must be 300-level or above:

* Dual listed course for Undergraduate & Graduate

EXERSCI 280 Current Issues in Health Promotion	3	_____	_____
EXERSCI 282 Care & Prevention of Athletic Injuries	3	_____	_____
EXERSCI 283 Group Fitness Instructor	3	_____	_____
EXERSCI 284 Aquatic Exercise Programming	3	_____	_____
EXERSCI 285 Exercise & Mental Health	3	_____	_____
EXERSCI 287 Introduction to Coaching	3	_____	_____
EXERSCI 304 Principles of Resistance Training	3	_____	_____
EXERSCI 344 Clinical Assessment in Rehabilitation Science	3	_____	_____
EXERSCI 345 Interventions in Rehabilitation Science	3	_____	_____
EXERSCI 397 Adult Health & Development	3	_____	_____
EXERSCI 411 ECG, Exercise Testing, & Cardiac Rehabilitation*	3	_____	_____
EXERSCI 413 Current Issues in Sport & Exercise*	3	_____	_____
EXERSCI 453 Clinical Exercise Physiology*	3	_____	_____
EXERSCI 454 Exercise Physiologist Preparation	3	_____	_____
EXERSCI 455 Strength & Conditioning Coach Preparation	3	_____	_____

Enrichment Courses

(Credits do not count toward graduation)

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

ALL Exercise Science major requirements must be completed with a grade of C or better to be eligible for graduation.

EXERCISE SCIENCE MAJOR REQUIREMENT CREDITS: 60

GENERAL EDUCATION CREDITS (total from reverse side): _____

[^]OTHER CREDITS (extra electives and courses with no GEPs): _____

TOTAL CREDITS EARNED TOWARD GRADUATION: _____

Total Credits Needed to Graduate = 120