

Dear Student,

If you test positive for COVID or if you have a known or suspected COVID exposure, please read the information below to guide you through the next steps. Please read this important messaging to the very end so that all your questions are answered.

If you have COVID, regardless of vaccination status;

- You must isolate for 5 days.
- If you are fever free (<100.4 orally without the use of fever reducing medications) and/or are no longer ill, you may leave isolation however you should wear a mask at all times when you are around others (eat alone so that you can safely remove your mask) for **10 days after exposure**.
- If you need an Extended Medical Illness form (EMI), send a secure message to the SHC (please see directions below on how to access your SECURE WED PORTAL)
- **If you test positive for COVID-19 at any point, the SHC needs to know—this helps us ensure the safety of BU students.**

COVID Exposure:

If you have **NO symptoms and ARE fully vaccinated** (received 2 doses of Pfizer or Moderna vaccine OR 1 dose of Johnson&Johnson vaccine **AND a booster or are not yet eligible for booster**)

- You do not need to isolate or quarantine.
- You should be tested for covid **5** days after the date of your exposure.
- You should wear a mask at all times when you are around others (eat alone so that you can safely remove your mask) for **10 days after exposure**.
- **If you test positive for COVID-19 at any point, the SHC needs to know—this helps us ensure the safety of BU students.**

If you develop symptoms at any time:

- Please call the SHC at 570-389-4451 M-F 8am to **5:30pm**.
- If the SHC is closed, please seek medical care either by calling your home doctor, calling the ***Geisinger Covid hotline (570-284-3657)***, going to Geisinger Careworks Urgent Care (570-416-1890) or going to the Bloomsburg Hospital ER across the street, or calling 911.

If you have **NO symptoms but you are NOT fully vaccinated**

- **You will need to quarantine for 5 days.**

- If you need an Extended Medical Illness form (EMI), send a secure message to the SHC (please see directions below on how to access your SECURE WED PORTAL)
- Ideally you will get covid tested **5** days after your exposure date.
- Even if these tests are negative, **you still need to mask for an additional 5 days.**

If you develop symptoms at any time:

- please call the SHC at 570-389-4451 M-F 8am to 6pm.
- If the SHC is closed, please seek medical care either by calling your home doctor, calling the **Geisinger Covid hotline (570-284-3657)**, going to Geisinger Careworks urgent Care (570-416-1890), going to the Bloomsburg Hospital ER across the street, or calling 911.
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If you have had COVID in last 90 days as confirmed with a + COVID test and documentation.

- You do not need to isolate or quarantine.
- You should wear a mask at all times when you are around others (eat alone so that you can safely remove your mask) for 10 days after exposure.
- **If you develop symptoms Isolate immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others.**
- **If you test positive for COVID-19 at any point, the SHC needs to know—this helps us ensure the safety of BU students.**

We understand that being in isolation can be difficult in many ways. Health and Wellness is here to support you. Kristi Hammaker, the Health and Wellness Educator, is available to offer support and assistance. She is your link to helpful resources and will provide an occasional “check-in” Zoom call if requested. Feel free to reach out to Kristi at khammaker@bloomu.edu or call 570.389.4934.

Do you live on Campus?

If you live in on-campus housing and you need to isolate/quarantine, please call res life at 570-389-4970. If it is after hours, please leave a message. **Please remember the safest place to isolate/quarantine would be at your permanent home address.** If you plan on going home to finish quarantine or isolation, please send an email to sthouse@bloomu.edu and provide your name, BU ID, and room number.

Covid Testing options:

- Testing may be available through the Bloomsburg University Student Health Center or testing affiliates by appointment only. Walk-in testing is available 2 times a week. Please see main web page for current testing days and hours.
- Covid testing is also available at the Bloomsburg Rite Aid Pharmacy. Register at www.Riteaid.com
- The ***Geisinger Covid hotline (570-284-3657)*** will offer covid testing to only those who have symptoms.
- **If you test positive for COVID-19 at any point, the SHC needs to know—this helps us ensure the safety of BU students.**

More helpful information is located on the SHC website at <https://www.bloomu.edu/health> .

How can I contact the Student Health Center if I need to?

If you have symptoms, questions, or need an EMI: **the best way to contact** us is via the secure Web portal (see instructions below for how to access the portal)

If you have concerning symptoms, call the SHC at 570-389-4451 or call your home doctor, call the **Geisinger Covid hotline (570-284-3657)**, go to Geisinger Careworks urgent Care (570-416-1890), go to the Bloomsburg Hospital ER across the street, or call 911.

How to enter the **Secure EMAIL Web Portal**

1. Go to the SHC webpage www.bloomu.edu/health
2. Find the **WEB PORTAL LOGIN** on the left side of the page

STUDENT HEALTH CENTER

Center



CONTACT INFORMATION
570-389-4451
570-389-3417 (fax)
[Send an Email](#)
[WEB PORTAL LOGIN](#)
324 Kehr Union Building
(near the Husky Lounge)

The professional team at the Student Health Center (SHC) offers a range of services to help keep BU students healthy.

Services Available

Welcome back to Campus!

If you have symptoms related to COVID, please self-isolate until you speak to a health professional. If you may contact the Galsinger, COVID-19

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OFFICE HOURS
Fall Hours
8 AM to 6 PM, M-F

When the Student Health Center is closed, you may contact the Galsinger, COVID-19 at 570-284-3657.

3. Sign in with your HuskyID



HuskyID Single Sign-On

HuskyID:

Password:

This is a private system for use of Bloomsburg University Faculty, Staff, and Students only. Unauthorized access is prohibited.

Access to student information at Bloomsburg University is governed by the Family Educational Rights and Privacy Act (FERPA). Signing on to any BU network system is your acknowledgement you will comply with the provisions of this legislation.

[Forgot My Password](#) [Sign On](#)

4. You can now open your secure Email message on this page.

5. If works just like your regular email. You can reply to this email and it will go to a RN or NP to review and answer.

How do I find the COVID handout on the SHC webpage?

1. Please go to www.bloomu.edu/health
2. You will see the link below to the COVID self care handout.
3. This handout will describe the signs and symptoms of COVID-19 along with self care and when you need to seek urgent or emergent care. Please refer to this or print this for your referenece.

COVID Handout

Symptoms and Information