## **BSW Field Education: SKILL SELF REPORT**

| NAME: | AGENCY | DATE |
|-------|--------|------|
|       |        |      |

Please complete form and provide a copy to your Liaison and to your Field Instructor when you meet to formulate your Learning Plan Contract.

This Self-Report is designed to help you evaluate your level of perceived ability or perceived practice skill. Please review the scale below and insert the number at the end of each task that you believe best represents your current skill level:

- 5- I am able to complete this task independently
- 4- I require minimal guidance to complete this task
- 3- I require moderate guidance to complete this task
- 2- I require extensive guidance to complete this task
- 1- I do not believe that I am able to perform this task at this time

| SOCIAL WORK PRACTICE RELATED SKILL  | SCORE |
|---|-------|
| DIRECT PRACTICE RELATED SKILLS  |       |
| Interview a Client for the first time   |       |
| Develop an intervention plan for a client/client system                         |       |
| Develop a behavioral contract with goal of changing behaviors                   |       |
| Implement an intervention plan with a client                                    |       |
| Terminate a relationship with a client/client system                            |       |
| Model or demonstrate appropriate/alternative behaviors for a client             |       |
| Conduct an interview with a family  |       |
| Facilitate a small group intervention   |       |
| CRITICAL THINKING   |       |
| Define and/or assess a client's presenting problem                              |       |
| Assist client in the selection of a problem to work on                          |       |
| Identify all the individual and systemic components of the client/client system |       |
| Evaluate an intervention with a single client                                   |       |
| Evaluate an intervention with a group of clients                                |       |
| CULTURAL COMPETENCE   | _     |
| Interview a client from a different racial or cultural background               |       |
| Practice with knowledge related to clients diversity                            |       |
| Practice with skills related to clients diversity                               |       |
| COMMUNICATION   |       |
| Work collaboratively with other colleagues and students                         |       |
| Seek out the expertise of others to improve understanding                       |       |
| Present on a client or program in front of an audience                          |       |
| Use communication skills differentially across client populations               |       |
| THEORY AND EVIDENCE BASED PRACTICE  |       |
| Identify effective client-centered strategies and interventions                 |       |
| Locate published research relevant to client/client systems                     |       |

| SOCIAL WORK PRACTICE RELATED SKILL   | SCORE |
|--|-------|
| ETHICS   |       |
| Use the NASW code of ethics to guide practice and professional development |       |
| POLICY AND ORGANIZATIONAL STRUCTURE  |       |
| Recognize the role of agency in promoting positive outcomes                |       |
| Recognize the agency barriers that may prevent positive outcomes           |       |
| Evaluate program effectiveness within your agency                          |       |
| Evaluate impact of agency policy on client outcomes                        |       |
| SELF-CARE  |       |
| Understand the role of compassion fatigue in the social work profession    |       |
| Recognize the red-flags that may lead to compassion fatigue                |       |
| Understand how to complete a life long-Self-Care plan                      |       |
| Recognize how to counterbalance work with personal life                    |       |
| SOCIAL JUSTICE   |       |
| Advocate within your agency for a client's rights                          |       |
| Advocate within another agency for a client's rights                       |       |
| Recognize how the NASW and other political venues can advocate for change  |       |

## Please answer the following questions regarding leadership

| 1. | Leadership skills are important skills to have as a social worker |       |         |          |                   |
|----|---|-------|---------|----------|-------------------|
|    | Strongly Agree  | Agree | Neutral | Disagree | Strongly Disagree |

| 2. | Agency leadership has an impact on client outcomes |       |         |          |                   |
|----|--|-------|---------|----------|-------------------|
|    | Strongly Agree                                     | Agree | Neutral | Disagree | Strongly Disagree |

| 3. | I am familiar with | i different l | leadership styl | es       |                   |
|----|--------------------|---------------|-----------------|----------|-------------------|
|    | Strongly Agree     | Agree         | Neutral         | Disagree | Strongly Disagree |

| 4. | I know my leader |       |         |          |                   |
|----|------------------|-------|---------|----------|-------------------|
|    | Strongly Agree   | Agree | Neutral | Disagree | Strongly Disagree |

| 5. | 5. When you are successful in your job, happiness will follow |       |         |          |                   |
|----|---|-------|---------|----------|-------------------|
|    | Strongly Agree  | Agree | Neutral | Disagree | Strongly Disagree |

6. I envision myself in a leadership position in social work field in my future Strongly Agree Agree Neutral Disagree Strongly Disagree

(Adapted from Millersville University Field Manual: Retrieved on July 15, 2013 and modified by Dr. Shiloh Erdley)