Dear Student,

Have you been exposed to someone with COVID?

If you have a known COVID or suspected COVID exposure, please read the information below to guide you through the next steps. Please read this important messaging to the very end so that all your questions are answered.

If you are:

**NOT sick** and **Vaccinated** but **Exposed** to someone with COVID:

- You do not need to quarantine but please call the Student Health Center (SHC) ASAP
- You should be tested for COVID 3-5 days after the date of your exposure.
- You should wear a mask at all times when you are around others.
- When eating and/or drinking, use social distancing measures until receiving a negative test result.
- If you test COVID (+) positive elsewhere, call the SHC for direction and help with your classes.

**SICK** and **Vaccinated**:

- Isolate, do not go to class until you are tested.
- Call the SHC for COVID testing recommendations and to schedule a COVID test appt.
- If you test COVID (+) positive elsewhere, call the SHC for direction and help with your classes.

**NOT sick** and **NOT vaccinated** but **Exposed** to someone with COVID:

- Quarantine and do not go to class until you are tested.
- Call the SHC for COVID testing recommendations and to schedule a COVID test appt.
- If you test COVID (+) positive elsewhere, call the SHC for direction and help with your classes.

**SICK** and **NOT vaccinated**

- Isolate, do not go to class until you are tested.
- Call the SHC for COVID testing recommendations and to schedule a COVID test appt.
- If you test COVID (+) positive elsewhere, call the SHC for direction and help with your classes.
The Student Health Center is open Mon.-Fri. 8 am to 6 pm. Outside of these hours, please seek prompt medical care if you are ill.

You may contact or visit any of the following:

- Your home/family doctor
- Geisinger COVID hotline (570-284-3657)
- Geisinger Convenient Care - Urgent Care (570-416-1890) 425 E 1st St, Bloomsburg, PA 17815
- Geisinger Bloomsburg Hospital Emergency Department 549 Fair St, Bloomsburg, PA 17815

  PLEASE NOTE: The ER will not perform COVID testing if you are not sick. The ER is for Emergency medical care only
- Go to ER or Call 911 if you are experiencing a medical emergency.

Where can I get tested at BU?

COVID testing is available through the Student Health Center By-Appointment only

Same or next day COVID testing is available through the Student Health Center (SHC) by appointment only—call the SHC first. 570-389-4451.

Please call between the hours of 8am-5:30 pm M-F to secure a COVID testing appointment.

- Visit the SHC website at https://www.bloomu.edu/health for information on how you can take care of yourself if you have COVID or are feeling ill.

Quarantine and Isolation guidance

- The safest place for you to quarantine or isolate is at home with your family.
- If you are unable to return home, please remain in a single bedroom and do not share a bathroom with others
- Students living on-campus and who cannot return home should contact the SHC and Residence life to inform them of your need to quarantine or isolate.

What should I do if I miss my classes?

- Please call the SHC. We will assist you with notification to your professors should you need to be out of class for an extended period of time due to infection, isolation or quarantine.
- We partner with the HuskySuccess to help with these extended class absences.
- We are here to HELP you every step of the way!
How do I access my BU secure Email Web Portal?

1. Go to the SHC webpage www.bloomu.edu/health
2. Find the WEB PORTAL LOGIN on the left side of the page
3. Sign in with your HuskyID
4. You can now open your secure Email message on this page.
5. If works just like your regular email. You can reply to this email and it will go to a RN or NP to review and answer.

How do I find the COVID handout on the SHC webpage?

1. Please go to www.bloomu.edu/health
2. You will see the link below to the COVID self care handout.
3. This handout will describe the signs and symptoms of COVID-19 along with self care and when you need to seek urgent or emergent care. Please refer to this or print this for your reference.